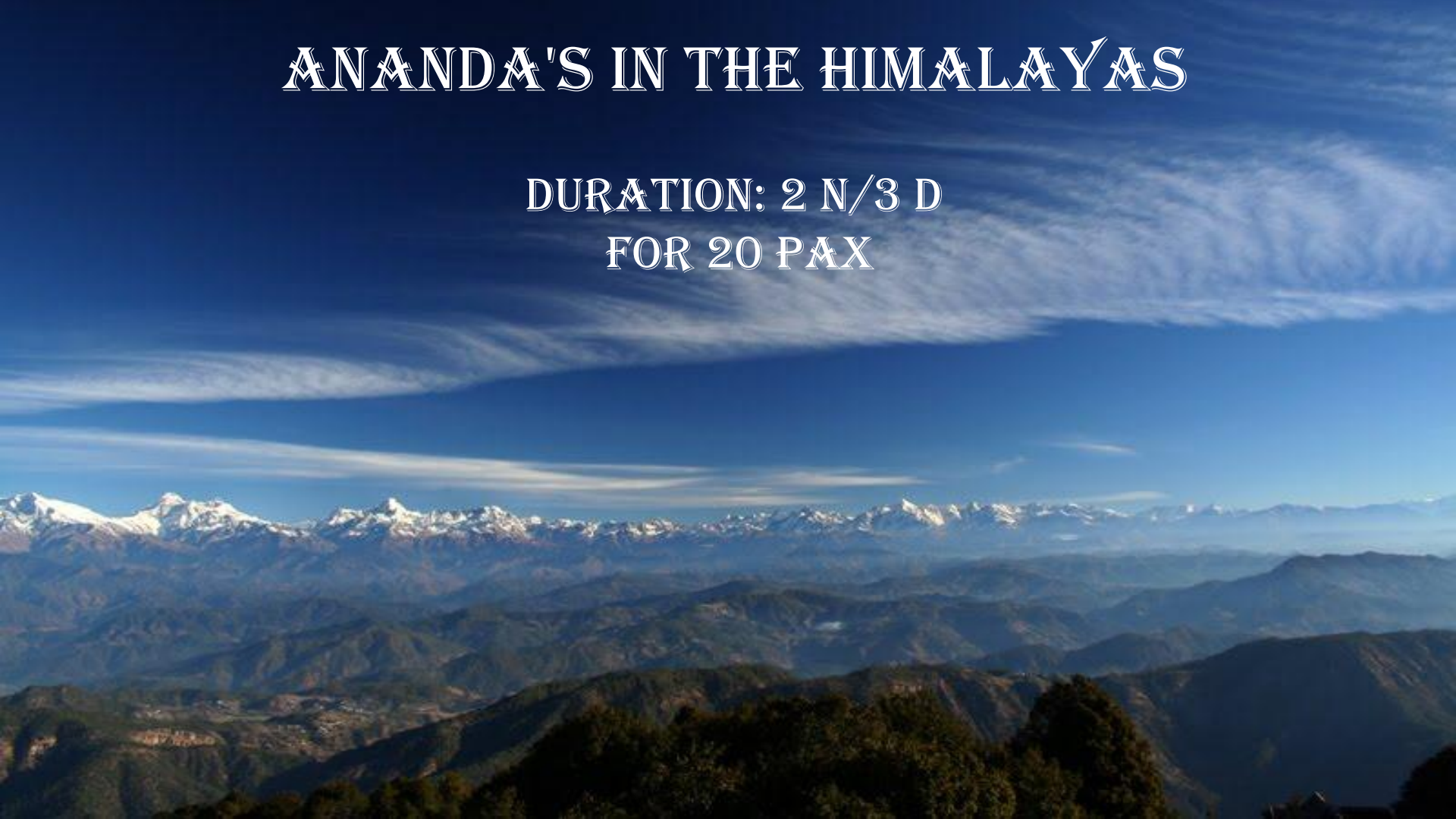


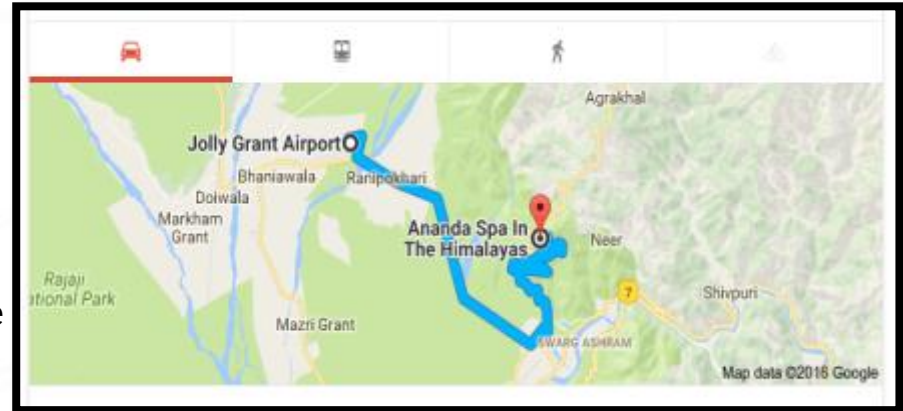
ANANDA'S IN THE HIMALAYAS

DURATION: 2 N/3 D
FOR 20 PAX



Connectivity to the Hotel

- By Air – Jolly grant Airport (i.e; Dehradun) is nearest to the Hotel for approximately 32.5 kms
- By Railways - Haridwar (i.e; Uttarakhand) is nearest Railway station to the Hotel(approx.45 kms) - Daily trains operate from Delhi. The train journey takes 4.5 hours from Delhi to Haridwar followed by a 90 minute drive to Ananda in the Himalayas.
- By Road -The drive to Ananda from Delhi takes approximately 7-8 hours depending on traffic conditions. Although a few of the guests do chose to come by road we do not recommend this as traffic is difficult to estimate.



FLIGHT DETAILS

tripnavigator.in

*The average per person cost is **INR 12,850/-***

Jolly Grant Airport (Dehradun)	Onward			Return		
Main Hubs	Airline	Stops	Time	Airline	Stops	Time
Mumbai	Spicejet 160/2323	Via Delhi	06:05-11:00	Spicejet 2328/169	Via Delhi	16:15-23:40
Delhi	Spicejet 2323	Direct	10:05-11:00	Spicejet 2328	Direct	16:15-17:05
Chennai	Jetairways 822/824	Via Delhi	07:00-12:15	JetAirways 823/832	Via Delhi	12:50-18:50
Bangalore	Jetairways 810/824	Via Delhi	07:00-12:15	Spicejet 2328/141	Via Delhi	16:15-23:35
Hydearabd	Jetairways 646/824	Via Delhi	06:20-12:15	Spicejet 2328/131	Via Delhi	16:15-20:55
Kolkata	Jetairways 2315/824	Via Delhi	05:30-12:15	Spicejet 2328/253	Via Delhi	16:15-21:15



OVERVIEW OF THE HOTEL (ANANDA'S IN THE HIMALAYAS)

- Ananda is located in the foothills of the Himalayas, the birthplace of India's ancient arts of yoga, meditation and Ayurveda.
- Dedicated to restoring balance and harmonizing energy through a holistic approach, Ananda incorporates the healing principles of the East and the West with a specific focus on Ayurveda and Yoga, along with contemporary International spa experiences.
- Ananda is an award-winning luxury destination spa in the Himalayan foothills in Northern India.
- Ananda is surrounded by graceful Sal forests and overlooks the spiritual town of Rishikesh and the Ganges river valley.



ABOUT ROOMS

- Ananda's **78 rooms**, suites and villas are designed with classic elegance in the colonial hill architectural style and blend seamlessly with the lush surrounding landscapes.
- The 70 elegant rooms feature panoramic views of the valley or of the Palace. With a serene and natural feel, each room is a haven in itself with luxurious beds, perfectly appointed bathrooms with bathtubs overlooking landscaped gardens or the valley, and private balconies with picture perfect views



4 Suites facing either the Valley or the Maharaja's palace have secluded private gardens. The historic Viceregal Suite with its own private terrace offers spectacular views of surrounding valleys



Each of the 3 private luxury villas has 40 sq. meters private villa pools which are surrounded by Sal trees and a deck area with comfortable lounge beds.



➤ Yoga & Meditation

- Yoga at Ananda is completely pure and traditional in form, stemming from the roots of Hatha yoga and adapting it to suit individual needs. It is a disciplined science teaching the techniques of the renowned Bihar School of Yoga encompassing all aspects of life in different ways and levels to balance the mind, body and spirit.
- Experienced Yoga teachers are trained to understand the personal objectives and goals during your stay at Ananda and beyond.
- They will then design a specific yoga and meditation program for you to assist you through your journey of life, balancing your being and assisting you to achieve health and well being.



➤ Ayurvedic Experiences

- At Ananda, Ayurveda forms an intrinsic part of the wellness regime for the guests.
- From massages and specialized diet programme to fulfil personal goals to the more rigorous transformations in lifestyle, the Ayurveda experience has been designed keeping in mind the individual's desire to heal, cleanse, relax and revitalize.
- With qualified Ayurveda doctors and therapists to administer treatments ranging from therapeutic massages to more rigorous modes of toxic elimination, the Ayurvedic therapies at hotel are strongly rooted in ancient traditions, while keeping in mind contemporary preferences and comforts.
- The authenticity and commitment to this ancient life system are evident in the use of age-old powders; oils, vessels, wooden beds, treatment rituals and qualified therapists trained in traditional Ayurvedic schools.
- Ananda Ayurvedic Therapy programmes are prescribed by the resident physician after a detailed consultation, which specifies daily routines, diet and wellness activities.



COST IMPLICATIONS

Elements	Single Occupancy	Double Occupancy
Stay Cost – Per Person	INR 48,360/-	INR 31,110/-
Flights Cost – Per Person	INR 12,850/-	INR 12,850/-
Total Package – Per Person	INR 61,210/-	INR 43,960/-

Supplement Costs

Elements	Duration in Mins	Cost per person
Traditional Ayurvedic Head Massage	30	INR 3,835/-
Pranayam	30	INR 2,645/-
Reiki Healing	55	INR 5,025/-
Ananda Touch- Spa	30	INR 3,570/-
Swedish Massage	55	INR 5,290/-
Ananda Fusion	55	INR 7,275/-
Earth Stone Massage	75	INR 8,595/-



Common Inclusions:-

- Airfare (*Flight rates may vary at the time of booking*)
- Accommodation in a well-appointed room for 2 Nights/3 Days on Twin Share basis
- 01 Breakfast, 01 Lunch & 01 Dinner for each night of the stay
- Return Airport Transfers on SIC basis
- Usage of Conference hall with basic amenities
- Activities scheduled at the Hotel which includes Yoga, Meditation, Vedanta Classes
- 01 Gala Night on Day 2 which includes –
 - 2 hours free flow of Cocktails with soft drinks along with unlimited serving of starters (2Veg + 2Non-veg)

Common Exclusions:-

- Anything which is not included in the above package
- Any expenditure which is personal in nature (like room service, mini bar usage, etc.)
- GST as applicable

NOTE:-

- The above quote is for 20 pax travelling , any change in number will call for a re-quote
- In case of any unprecedented hike in airfare, hotel charges or other service charges, the same will be levied extra





Thank You...!

For Queries Contact Us:

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